

Study Through the Bible

Psalms: Managing Our Emotions - Study 9

PARTICIPANT'S GUIDE

Uncertainty: When You're Not Sure of Your Next Move

Learn how to make wise decisions when the path ahead is unclear.

How can we ascertain God's will for our lives when we are unsure of what he wants? The Psalms helps those struggling with uncertainty to find God's direction for their lives. When we feel uncertain, we must listen for God's voice in creation, look for his direction in the Bible, ask for his conviction in our hearts, and then forge ahead with confidence.

Scripture:

Psalm 19:1-14

Based on:

The sermon series "Managing Our Emotions" by Timothy Peck, PREACHINGTODAY.COM



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PART 1

Identify the Current Issue

Uncertainty is a problem faced by people in all walks of life—whether it's the recent graduate looking for a job, the single person seeking a mate, the new couple considering starting a family, or the retiree looking for new purpose. It's simply hard to know what God wants us to do.

Uncertainty can be debilitating, but Psalm 19 offers guidance on how to make our decisions. Thankfully, God wants us to know him in the midst of our decisions so that he can direct us.

PART 2

Discover the Eternal Principles

Teaching point one: When we're uncertain, God speaks to us through his creation.

Teaching point two: When we're uncertain, God speaks to us through the Bible.

Teaching point three: When we're uncertain, God speaks to us through his conviction.

Teaching point four: When we're uncertain, we should pursue the path most honoring to God.

PART 3

Apply Your Findings

All of us deal with uncertainty at times. Psalm 19 invites us to listen for God's voice in creation, look for his direction in the Bible, ask for his conviction in our hearts, and then choose the path that most honors him. Though our decisions may not always be easy, they will at least be clearer.

God's plan for our lives is not a straight line—it is a series of twists and turns. We should be confident of the fact that he is powerful enough to get us back on the right track if we make a wrong decision.

Study by Timothy Peck, with JoHannah Reardon

